

PSHE RSE Curriculum Overview

Theme	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Living in and understanding the wider world	Being Special Friendships Kindness Show curiosity. Homes here and around the world	One World Families Homes Schools Environments Resources Planet protectors	Diverse Britain My school My community My neighbourhood My country British people What makes me proud of Britain?	Money Matters Where does money come from? Payments and priorities Reasons to borrow Online financial safety Spending decisions What is a budget	Diverse Britain Living in the British Isles Democracy Rules, Laws and Responsibilities Liberty Tolerance and Respect What does it mean to be British?	Aiming High You can achieve anything! Breaking down barriers Future focus Equal opportunities The world of work Onwards and upwards	Money Matters Currencies and spending options Spending influences Budgeting Money and emotional wellbeing Online financial safety Employment choices
Relationships & Community	Special Places Our community Family Special World One world Show empathy, determination, resilience.	TEAM Together everyone achieves more Listening Being kind Bullying and teasing Brilliant brains Making good choices	Digital Wellbeing The Digital world Digital kindness Do I know you? Online information Keep it private My digital wellness	TEAM A new start Together everyone achieves more Working together Being considerate When things go wrong Responsibilities	VIPs Family and friends Fabulous friends Is this a good relationship? Falling out What is bullying? Stand up bullying	Digital Wellbeing My digital life Staying safe, healthy and happy online Online relationships Social media Saying no to online bullying Fake news	VIPs People we love Think before you act It's ok to disagree You decide Secrets False friends

<p>Health and Wellbeing</p>	<p>I am special Build independence Keeping safe Healthy choices</p>	<p>Safety First Keeping safe Staying safe at home Staying safe outside Staying safe around strangers Safe secrets and surprises People who can help</p>	<p>It's My Body My body, my business Active and asleep Happy healthy food Clean as a whistle Can I eat it? I can choose</p>	<p>It's My Body My body, my choice Fit as a fiddle Good night, good day Cough, splutter, sneeze! Drugs: healing or harmful? Choices everywhere</p>	<p>Safety First New responsibilities Risks, hazards and danger Under pressure Safety when out and about Dangerous substances Injuries and emergencies</p>	<p>It's My Body Your body is your own Exercise right, sleep tight Taking care of our bodies Harmful substances How we think and feel about our bodies Healthy choices</p>	<p>Safety First You are responsible What are the risks? Making your mind up In an emergency Home – safe and sound Outdoors – playing it safe</p>
------------------------------------	--	--	--	---	--	--	---