

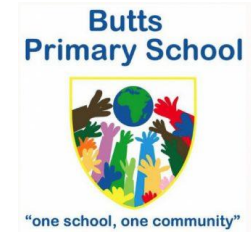


Fun activities that you and your child can do at home.

Morning	Try Yoga	Marbles. Build a run that keeps a marble going for at least a minute using cardboard, sticky tape and a marble.	Use cornflour and water to make 'gloop'	Use items from around the house to lay on the floor to create your name.	Design and build a boat from cardboard that's strong enough to float, even with a weight on board.	Make a list of things you can see from one of the windows in your house	Play hide and seek.
Afternoon	Create a story game -one person starts the story off and then each member of the family adds a sentence or two to the story until it's complete.	Play in the garden.	Vegetable painting	Make and race a balloon-powered car using just a balloon, a plastic cup, straws, thread and rubber bands.	Create an obstacle course	Play a game like Simon says.	Draw around your body on a large piece of paper or wallpaper.
Early evening	Colour in a page from a colouring book	Read a new book..	Talk about your favourite memories.	Make a dark den and use a torch to create shadows	Perform a puppet show	Make shadow puppets	Do a puzzle or jigsaw.

You will find other great activities at:- https://www.jamesdysonfoundation.co.uk/resources/challenge-cards.html?gclid=CjwKCAjwsMzzBRACEiwAx4ILGyJg8-nGCLi8hHXARFM6u0NOxW3voVnz2ITAiSvG3vo_kZw_QmzBsRoCFQ0QAvD_BwE (Dyson challenge)
https://www.youtube.com/watch?v=IB_XM2ZSsG0 (How to make a flip book) <https://www.youtube.com/watch?v=X655B4ISakg> (Yoga)

Please encourage your child to help with daily tasks in and around the home to build a daily routine.



Fun activities that you and your child can do at home.

Morning	Bubble painting	Make homemade playdough	Play musical statues.	Use items from around the house to lay on the floor to create your name.	Have a go at origami.	Draw a picture of your family.	Make a rocket out of a cardboard box.
Afternoon	Make a flip book	Make a paper aeroplane.	Make a video of you singing a song you love.	Play a game.	Create a treasure hunt.	Create a collage using magazine, newspapers or pictures.	Create an exercise routine including star jumps, running on the spot and jumping up and down.
Early evening	Learn a new song	Learn a new dance routine.	Look for the moon and stars in the sky.	Read a book.	Learn a new poem.	Vacuum a room.	Do a puzzle or jigsaw.

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